ACROSS
1. Low-carb-diet maven
7. Get pumped
14. One of 110 in a "big parade" of songdom
15. Security feature of some hotel-room doors
16. Less generous
17. Boisterous troublemakers
18. Subj. for newcomers to America
19. Tiddlywinks piece, e.g.
21. Eat minimally
22. Radiologist's procedure, briefly
24. "Likely story!"
25. Sounds sheepish?
27. Cry of relief near the end of the week
29. Bigfoot or the Abominable Snowman, by most accounts
33. Water brand that is the title sponsor of the fifth LPGA major
35. Eligible to vote, say
37. GI morale booster
38. Synthetic fiber in early wash-and-wear dress shirts
40. In possession of one's marbles?
41. "Listen to her whine" car in a 1964 surf-rock hit
42. Alternative to LGL, on photocopier trays
43. Helmsman of the Enterprise
45. Made smooth, in the wood shop
47. String on tiny batteries?
48. How the surprised are taken
50. "Dancing at Lughnasa" playwright Brian
51. 1983 Michael Keaton role-reversal comedy
53. Pub order
55. "Coffee, Tea ___?" (faux tell-all of 1967)
56. Prefix antithetical to eu-
58. Rant
60. State with confidence
63. Texer's sign-off
64. Whom Uncle Sam wants
67. "Talking machine" of yore
69. Gives rise to
71. Way to storm off
72. Balkan homeland of Spartacus
73. Colorful mariachi garb, maybe
74. Breezed (through)

DOWN
1. Cartoon supplier of dehydrated boulders, cactus costumes and iron bird seed
2. The ten in "hang ten"
3. Author of 1997's posttrial "Without a Doubt"
4. Wayfarer's refuge
5. Must-haves
6. Rigid
7. "Pygmalion" opens with it
8. Slender, light-footed woman
9. Famous defender of Patty Hearst
10. Pretentious refinement
11. Catchy musical phrase
12. Fifth on a list of longest human bones
13. Noodge
17. He's concerned with his Scout's honor
18. He's concerned with his Scout's honor
20. Starch from a tropical palm
23. Prerevolution autocrat
25. Mayhem
26. Two-dimensional game face?
28. Org. with cabin-safety regulations
30. Getting counsel, colloquially ... or what a solver of this puzzle is doing?
31. Hold in high regard
32. Software for web-based schedule polling
34. Loser of only three cases in a nine-year TV run
36. Macroeconomic prosperity indicator, briefly
39. Pencil remnant
44. Napkin's place
46. Fox MLB analyst since 2015
49. Furrow, as brows
52. Folksie who "sang us into freedom," per Maya Angelou
54. Assignations
57. Vestment around a cleric's neck
59. Dominant
60. Thrifty rival
61. Kingly address
62. Mark for life
65. Eleven, in Ensenada
66. Like Goodwill goods
68. River crossing the France-Belgium border
70. MSNBC host Melber